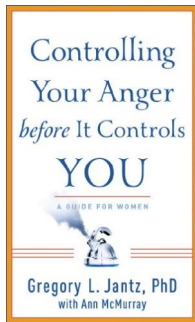


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CONTROLLING YOUR ANGER BEFORE IT CONTROLS YOU



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